



HUNGER HAPPENS HERE

www.fairfieldcounty211.org

H3 - Fairfield County Hunger Coalition

Hunger Coalition

Our Commitment:
Building a healthier
Fairfield County by
reducing HUNGER;
improving HEALTH;
and providing HOPE.

Contact Us

Jeannette Curtis

Email:

FCHungerCoalition@
gmail.com

Phone Number:

2-1-1

or

740-687-0500

Social Media

Facebook:

Fairfield County's
Hunger Alliance

Instagram:

@fairfieldhungeraction

Donations:

Online at

FairfieldCounty211.org

For More Info

Call 2-1-1

FIGHTING FOOD INSECURITY LOCALLY

The holiday season, often synonymous with abundance and celebration, can starkly highlight the persistent issue of hunger for many families. While we gather around festive tables, some of our neighbors struggle to secure their next meal. This contrast is particularly poignant during this time of year, underscoring the importance of community support and generosity. The holidays present a unique opportunity for us to unite and make a meaningful impact on the lives of those facing food insecurity.

There are several effective ways to combat hunger during the holidays. Organizing or participating in a holiday food drive is one impactful method, as many food pantries distribute hundreds of holiday meals to the community. Volunteering at food pantries and free meal sites is another valuable contribution, as these organizations often require additional support during the holiday season. Additionally, monetary donations to local programs can significantly bolster efforts to provide food and resources to those in need. By taking these actions, we can help ensure that everyone has the opportunity to enjoy a warm meal and the spirit of the holidays.

For more information on how you can give back this holiday season, please call 2-1-1.



Happy
holidays





HUNGER HAPPENS HERE

H3 - Health

NOVEMBER IS DIABETES AWARENESS MONTH



Did You Know...

- 38.4 Million Americans have been diagnosed with diabetes
- 1.2 Million people are diagnosed with diabetes each year
- 97.6 Million Americans are living with prediabetes
- Food is effective medicine when it comes to diabetes prevention and management
- Contact your doctor if you have questions regarding diabetes
- Need a doctor? Contact the Fairfield Community Health Center at (740) 27-6043. No one is refused care because of inability to pay.

For more info visit the American Diabetes Association at www.diabetes.org



H3 - Hope

HOW YOU CAN HELP:

Donate Time

- Serve at a free meal site
- Deliver for Meals On Wheels
- Volunteer at a food pantry

Donate Items

- Give needed items to a food pantry
- Drop off pet supplies to a local shelter
- Donate winter items to homeless shelters

Donate Money

- Drop off gift cards to your local fire house
- Sign up to supply dinner to LSS Homeless Shelter
- Donate to your favorite charity

YOUR COMMUNITY NEEDS YOUR HELP!